

Attention Deficit Hyperactivity Disorder

Barkley, Russell A. (2000). *Taking Charge of ADHD: The Complete, Authoritative Guide for Parents.* New York, NY: The Guilford Press. *A comprehensive guide by the leading expert on ADD.*

Boyles, Nancy S. and Darlene Contadino, (1999). *Parenting a Child with Attention Deficit/Hyperactivity Disorder.* Lincolnwood, IL: Lowell House. *Strategies for communication, problem solving, and organization.*

Dendy, Chris Z. (2006). *Teenagers with ADD and ADHD: A Guide for Parents and Professionals.* 2nd Rev. ed. Bethesda, MD: Woodbine House. *Discusses how to develop positive self-esteem in adolescents with ADD.*

Fowler, Mary C. (1999). *Maybe You Know My Kid: A Parent's Guide to Identifying, Understanding, and Helping Your Child with Attention Deficit Hyperactivity Disorder.* New York, NY: Birch Lane Press. *Written by a parent about her son.*

Honos-Webb, Lara. (2007). *The Gift of ADHD Activity Book: 101 Ways To Turn Your Child's Problems into Strengths.* Oakland, CA: New Harbinger Publications, Inc. *A positive book that includes strengths that can be developed in a child and activities that help develop strengths.*

Honos-Webb, Lara. (2005). *The Gift of ADHD: How To Transform Your Child's Problems into Strengths.* Oakland, CA: New Harbinger Publications, Inc. *Suggests that many of the traits that label kids with ADHD may be an expression of deeper gifts and offers new, positive techniques to deal with ADHD.*

Ingersoll, Barbara. (2003). *Daredevils and Daydreamers.* New York, NY: Broadway Books. *Well-written update of Your Hyperactive Child. Readable, informative, and detailed.*

Jensen, Peter S. (2004). *Making the System Work for Your Child with ADHD.* New York, NY: The Guilford Press. *Strategies for dealing with schools, therapists, insurance companies, and others.*

Kurcinka, Mary S. (1998). *Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic.* New York, NY: HarperCollins. *A great book that encourages parents to see their children's strengths.*

Monastra, Vincent J. (2004). *Parenting Children With ADHD: 10 Lessons That Medicine Cannot Teach (APA Lifetools)*. Washington, D.C.: American Psychological Association. Explains the causes of ADHD and how nutrition, medication, and certain therapeutic procedures can improve attention, concentration, and behavioral control. Includes plan for parents and ways to work with children's schools.

Parker, Harvey C. (2001). *Problem Solver Guide for Students with ADHD*. North Branch, MN: Specialty Press. Ideas for study habits, socialization, and written language skills.

Ratey, John J., M.D. with Eric Hagerman. (2008). *Spark: The Revolutionary New Science of Exercise and the Brain*. New York, NY: Little, Brown and Company.

Rief, Sandra F. (2005). *How To Reach And Teach Children With ADD/ADHD: Practical Techniques, Strategies, and Interventions*. San Francisco, CA: Jossey-Bass. Includes real-life case studies, interviews, student intervention plans, and strategies for enhancing classroom performance.

Rief, Sandra F. (2003). *The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders*. San Francisco, CA: Jossey-Bass. Lists numerous strategies for home, school, and skill development.

Roseman, Bruce. (2001). *A Kid Just Like Me: A Father and Son Overcome the Challenges of ADD and Learning Disabilities*. New York, NY: Perigee Trade. A father/physician describes his and his son's difficulties with ADD.

Taylor, Blake E. S. and Lara Honos-Webb. (2007). *ADHD & Me: What I Learned From Lighting Fires at the Dinner Table*. Oakland, CA: New Harbinger Publications, Inc. Written by a young person who grew up with ADHD.

Taylor, John F. (1997). *Helping Your Hyperactive ADD Child*. 3rd Rev. ed. New York, NY: Prima Lifestyles. Suggestions to deal with your ADHD child.

Taylor, John F. (2006). *The Survival Guide for Kids with ADD or ADHD*. Minneapolis, MN: Free Spirit Publishing, Inc. A newly updated and expanded guide to raising a teenager with an Attention Deficit Disorder.