

## Executive Functions

**Bragdon, Allen D. and David Gamon. (2004). *Exercises for the Whole Brain*. New York, NY: Walker & Company.** *Book of puzzles designed to enhance creative-visual, executive-planning, spatial-manipulative, and logical thinking.*

**Caine, Renate Nummela et al. (2008). *12 Brain/Mind Learning Principles in Action: Developing Executive Functions of the Human Brain*. 2nd Rev. ed. Thousand Oaks, CA: Corwin Press.** *An understanding of how the brain learns allows teachers and students to be more effective in the classroom.*

**Cox, Adam J. (2007). *No Mind Left Behind: Understanding and Fostering Executive Control. The Eight Essential Brain Skills Every Child Needs to Thrive*. New York, NY: Penguin Group.** *A top child psychologist explains the eight essential cognitive skills every child needs to thrive.*

**Dawson, Peg and Richard Guare. (2004). *Executive Skills in Children and Adolescents*. New York, NY: The Guilford Press.** *Reviews executive skills and provides strategies to help improve these skills.*

**Dawson, Peg and Richard Guare. (2009). *Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential*. New York, NY: The Guilford Press.** *Offers practical and proven techniques that are based on rigorous scientific research to help children who have difficulties with their executive functioning.*

**Dispezio, Michael A. (1996). *Critical Thinking Puzzles*. New York, NY: Sterling.** *Puzzles designed to make one think and use executive functions.*

**Fox, Janet S. and Pamela Espeland. (2006). *Get Organized without Losing It*. Minneapolis, MN: Free Spirit.** *Ideas and methods to prepare and organize a child for middle and high school. Ages 9-12.*

**Gardner, Martin. (1988). *Perplexing Puzzles and Tantalizing Teasers*. Mineola, NY: Dover Publications.** *Ninety-three exercises to strengthen your mind.*

**Goldberg, Elkhonon. (2001). *The Executive Brain: Frontal Lobes and the Civilized Mind*. New York, NY: Oxford University Press.** *An understanding of processes of the brain that conduct executive functioning.*

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**Kalvitis, David. (2003). *The Greatest Dot-to-Dot Book in the World. Books 1-4.* Rochester, NY: Monkeying Around. Series of books of connect-the-dot type exercises. Ages 9-12.**

**Martin, Chuck, Peg Dawson, and Richard Guare. (2007). *Smarts: Are We Hardwired for Success?* New York, NY: AMACOM. Twelve cognitive skills are fully developed and unchangeable by the time we are adults. Learn to make use of your strong cognitive skills and downplay the weaker ones.**

**Meltzer, Lynn. (2007). *Executive Function in Education: From Theory to Practice.* New York, NY: The Guilford Press. Contains an assessment of executive-functioning difficulties and approaches to dealing with them.**

**Moscovich, Ivan. (2001). *1000 Play Thinks: Puzzles, Paradoxes, Illusions & Games.* New York, NY: Workman. A massive book of puzzles, riddles, and illusions .**

**Richard, Gail J. and Jill K. Fahy. (2005). *The Source for Development of Executive Functions.* East Moline, IL: LinguiSystems, Inc. Describes the development of executive functions and what they are, and provides helpful ways to treat problems in them.**

**Risby, Bonnie. (1987). *Logic Countdown.* San Luis Obispo, CA: Dandy Lion Publications. Guidebook of exercises designed to sharpen thinking skills. Grades 3-4.**

**Sloane, Paul. (1992). *Lateral Thinking Puzzlers.* New York, NY: Sterling. Puzzles that require lateral thinking to solve.**

**Striker, Susan and Edward Kimmel. (2001). *The Anti-Coloring Book.* New York, NY: Henry Holt and Company, LLC. Engaging activities for ages 6 and up that ask about the child's thoughts and feelings to foster developmentally- appropriate learning and promote creativity, confidence, and independent thinking.**

**Shortz, Will. (2006). *The New Yorker Book of Cartoon Puzzles and Games.* New York, NY: Black Dog & Leventhal, Inc. Series of brain-teasers featuring the comics of "The New Yorker."**

**Weber, Ken. (1989). *Five-Minute Mysteries.* Philadelphia, PA: Running Press. Thirty-seven mysteries to exercise thinking skills.**

**Weber, Ken. (2005) *More Five-Minute Mysteries.* Philadelphia, PA: Running Press. Thirty-four more mysteries to exercise executive thinking.**