

Family Stress and Changes

Brazelton, T. Barry and Stanley I. Greenspan. (2001). *The Irreducible Needs of Children: What Every Child Must Have to Grow, Learn, and Flourish*. New York, NY: Perseus Books. Discussion of the effects of custody issues, daycare, nurturing, and family involvement on children's growth and development. Somewhat theoretical but practical and culturally relevant.

Brott, Armin A. (1999). *The Single Father: A Dad's Guide to Parenting without a Partner*. New York, NY: Abbeville Press. Good advice for single fathers on issues such as balancing work and family. Descriptions of developmental needs of children at time of a divorce.

Trafford, Abigail. (1992). *Crazy Time: Surviving Divorce and Building a New Life*. New York, NY: HarperCollins, Inc. Ideas for parents after a divorce.