

## **Social Concerns** *(for children and teens)*

**Aretha, David. (2007). *On the Rocks: Teens and Alcohol*. London, England: Franklin Watts.** *Examines the negative effects of alcoholism and identifies what it is and where to get help.*

**Cooper, Scott. (2005). *Speak Up and Get Along! Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself*. Minneapolis, MN: Free Spirit.** *Deals with building communication and peer relation skills. Ages 9-12.*

**Grevious, Saundrah. (2001). *Teen Smart! Ready to Use Activities*. San Francisco, CA: John Wiley & Sons, Inc.** *A workbook designed to help teens build positive relationships.*

**Moser, Adolph. (2001). *Don't Be a Menace on Sundays! The Children's Anti-Violence Book*. Kansas City, MO: Landmark Editions, Inc.** *Discusses violence with children and offers young readers suggestions as to how to stay out of trouble.*

**Moser, Adolph. (1991). *Don't Feed the Monster on Tuesdays! The Children's Self-Esteem Book*. Kansas City, MO: Landmark Editions, Inc.** *Teaches children how self-esteem is important and how to beat negative self-esteem.*

**Moser, Adolph. (1999). *Don't Tell a Whopper on Fridays! The Children's Truth-Control Book*. Kansas City, MO: Landmark Editions, Inc.** *Discusses the problems with lying and the importance of telling the truth. Ages 4-8.*

**Orr, Tamra B. (2007). *When the Mirror Lies: Anorexia, Bulimia, and Other Eating Disorders*. London, England: Franklin Watts.** *Defines and examines the causes of eating disorders and provides guidance towards a healthier lifestyle.*

**Packer, Alex J. (1997). *How Rude! The Teenagers' Guide to Good Manners, Proper Behavior, and Not Grossing People Out*. Minneapolis, MN: Free Spirit.** *Provides guidelines of etiquette in certain situations for teens.*