

# Best Websites for Parents to Learn About Growth Mindset

Having a growth mindset is one of the most valuable assets a child can possess in order to progress in school and other activities. Learning about a growth mindset, and how they can help to foster it, is incredibly beneficial for parents. There are many resources available online, and collected below are some of the best websites designed to teach parents about the growth mindset. They include resources to inform and various activities to help develop a growth mindset in your child. In addition, there are several programs linked below which have products that can also be valuable resources. Check out the list below of valuable resources, which is updated regularly by our team at South County Child and Family Consultants.



[Mindset Online](#): Comprehensive guide about the growth mindset, complete with additional resources. For parents.

[Mindset Kit](#): In-depth website with free lesson plans, videos, articles and strategies for improving growth mindset. Great for both teachers and parents to use.

[Positive Psychology Program- Carol Dweck](#): Website containing articles and videos about Carol Dweck and descriptions about the development of a growth mindset. Great information for parents.

[Mindset Works](#): Website and program that provides detailed information and products to help develop a growth mindset.