

# Resources for Kids on Multiple Intelligences

Multiple intelligences refers to a theory developed by Dr. Howard Gardner that describes the many forms of intelligence that help children to master their environment. Rather than defining “intelligence” as something that is measured on a



test, Gardner describes 8 types of intelligences. These are musical, naturalistic, kinesthetic, spatial, interpersonal, intrapersonal, verbal, and logical/mathematical. Understanding the concept of multiple intelligences can be a difficult task both for parents and kids. The way kids and teens learn today has changed drastically, so it might be beneficial for kids to turn to the Internet to understand multiple intelligences. Of course, some websites are better than others, which is why we have put together a list of some of the best resources for kids. Check out the links below, and show them to your kids. Do not forget to come back frequently for more!

## Websites

[Multiple Intelligences Assessment](#): A quiz that can help your child figure out what form of intelligence they are most like. Great for adults to take too!

[Find your strengths](#): Another assessment that can be used to determine which form of intelligence is most applicable to you.

[Multiple Intelligences: The First Stop on the CareerSmarts Journey](#): A simple article detailing the basics of Multiple Intelligences Theory. Great for older kids!

[Multiple Intelligences](#): A great collection of resources designed specifically for kids, including assessments and articles.

[BGFL: Multiple Intelligences](#): A basic webpage with descriptions of each intelligence type, as well as tests and activities. Great for kids of all ages.

[Student Guide: Multiple Intelligence Theory](#): A more complex but interesting webpage with information about all aspects of Multiple Intelligence Theory. Great for older kids.

Visit the [South County Child & Family Consultants](#) website for more articles.