

Resources for Initiating Tasks for Kids



Understanding task initiation, and how to improve their skills at initiating tasks, can be difficult for kids to do. The way kids and teens learn today has changed dramatically, with many young people turning to the Internet to learn about various topics. This makes websites one of the best platforms for them to learn about task initiation. Of course, some websites are better than others, which is why we've put together a list of some of the best resources for kids. Take a look at the links below, and be sure to show them to your kids. Don't forget to check back frequently for more.

Pinterest:

[Task Initiation Strategies](#) -These strategies help overcome task initiation through self-regulation. For Teens/Tweens.

[Understanding Task Initiation](#) -Here at South County Child & Family Consultants we have put together a collection of resources and also an introduction to help people understand what exactly Task Initiation is. Kids can look at the

home/school situations involving task initiation and also the games list to see where/when they can improve this executive functioning skill! For Teens.

Articles:

Strategies for Executive Functioning -Since no executive functioning skill works by itself, this useful slideshow explains EFs and the difference between Thinking Skills and Behavior Regulation Skills. Not only useful for Task Initiation but for other skills as well. For Teens.

Videos

[Task Initiation](#) -Londonderry Elementary School put together a video showing Task Initiation in different scenarios. For Kids/Teens.

Visit the [South County Child & Family Consultants](#) website for more great articles!