

# Videos for Adults On Children's Self-Esteem



## See How You Can Improve Your Child's Self-Esteem

A child with a high self-esteem is often more likely to be more respectful to authority figures and their peers. This is because the emotions people feel towards themselves are often reflected in their actions towards others. To combat this behavior, there is a wealth of information about improving children's self esteem on the Internet. However, finding reliable information that is not trying to sell you a product is often difficult to find. It is also important that parents and educators are able to find practical solutions and strategies that help the kids they interact with on a daily basis improve their self-esteem. Some of the most useful information can be found in articles, social media, and podcasts about this issue. The following list of the best resources for parents is updated regularly by our team at South County Child and Family Consultants, and will guide you in getting the best information about improving children's self esteem available on the Internet.

## Videos

While the Internet can be a great place to find educational videos, there are many out there which aren't worth the time. However, we have found a great selection of videos, for all ages, to learn about improving self esteem. Check out the links below, which are updated regularly by our team at South County Child and Family consultants. We have separated the videos into the age group that they would be most beneficial for, including kids, pre-teens, teens, and adults.

<https://www.youtube.com/watch?v=ASpyeZ6ZP-0>

**This presentation will give you guaranteed strategies for building the self-esteem in your child.**

<https://www.youtube.com/watch?v=09Z6NjKlko0>

Find out how a can-do attitude, a little self-belief, and a willingness to get things wrong sometimes can set a good example and help your child to grow up with confidence.

<https://www.youtube.com/watch?v=JsFdfIyDZJg>

When children fail over and over and don't have the support to keep trying, all they learn is that they're failures. Resilience comes not from failing, but from the experience of learning that you can pick yourself up, try again, and succeed. These 9 Secrets of Confident Kids are useful and effective.

<https://www.youtube.com/watch?v=0W11Rj1qa-w>

Shiela O'Malley, parent mentor, speaks about how to raise your child's self esteem.

<https://www.youtube.com/watch?v=ksN0rqgd4Hg> This video is about raising confident, capable kids. This video emphasizes the importance of the messages you are sending to your kids non-verbally and verbally.

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