

Helping Kids That Struggle with Long Term Memory – Resources for Parents



Resources for Long Term Memory

There are many kids who struggle with using long term memory that maybe trying strategies that are not helping them retain the information. However, we have found substantial research on long term memory that provides ways for children, teens and adults to improve it. Some of your improvements may come from learning new way to retain information or simply being informed about how your long term memory works. Provided below are some resources we found for improving long term memory including websites, articles, videos, games and podcasts.

[Ideas for Memory Games:](#) The website Pinterest, has gives us 26 memory games that you and your child can play together. This gives your child a chance to improve their long term memory skills.

[Elementary Matters:](#) Get your kids to go from using working memory to long term memory by using these strategies.

Websites for Adults:

The Internet is a great place to find information on various topics. However, there is a lot out there that is not helpful or relevant to what you are searching for. Searching for information on long term memory may be hard, as some information is not provided by a credible source. We have provided you with a great collection of websites that are, what we think, the most useful and valuable. Check out the links below, which are updated regularly by our team at South County Child and Family Consultants.

[National Institutes of Health](#): This online article researches and explains the differences between long-term, short-term and working memory in thorough, extensive detail.

[Psychology. About Education](#): This website defines long-term memory, explains the different types of long-term memory, and describes how long-term memory changes.

[LiveScience](#): This website explains the process of how humans form memories, describes the different types of memories, and explains how the similarities and differences.

[Brain HQ](#): This online article explains how long term memory explains our ability to recall information, as well as the difference between explicit and implicit memory.

[Scientific American](#): Professor Amso answers the question of when our children start to make long term memories.

Visit the [South County Child & Family Consultants](#) website for more great articles!