

# Resources on Planning for Kids



It's not uncommon for kids to struggle planning out their day to day activities. Planning requires the use of many different skills that all work together to make you a good planner. When kids struggle to plan it can prevent them from having fun with friends and even affect their grades in school. If you find yourself struggling with planning don't worry, there are many resources available that can help you grow your planning skills.

Our team of neuropsychologists, school psychologists, and psychology students at South County Child and Family Consultants is committed to searching the Internet and beyond to find reputable, informative, and practical tools to help parents, children, and teens improve their planning skills. We look for the best information online to help kids diagnosed with ADHD, Learning Disabilities, Executive Functioning Difficulties, struggles with Social Emotional Learning (SEL) skills, Autism, Depression, and Anxiety and provide you with information about how neuropsychological evaluations help in targeting concerns about planning. Check out the links below.

## Articles

[Minecraft Planning](#)

This Article directed towards kids. Tells kids, “If you play [Minecraft](#), you practice planning a lot. You may not realize this, but Minecraft and planning go hand-in-hand.”

### [Developing a Planning calendar.](#)

A calendar is an amazing tool to help with short and long term planning for children. Print one of these calendars off and start planning your goals for the year.

### [Best Apps for Improving Planning Skills](#)

An explanation of how apps can help improve planning, this article includes a list and description of some of the top rated apps. There are a variety of planning apps to choose from, try them all and pick a favorite.

### [Effective Time Management to Improve Study Skills](#)

This amazing article highlights many helpful time management skills that can boost your study skills. This article is great for kids going into high school or college.

## **Apps**

### [EverNote](#)

A great app for all around planning needs. You can do so much on this app, whether that be recording voice memos or making a calendar with this app you can do it all.

### [Time Timer](#)

This customizable timer app can teach kids time management skills while encouraging them to work efficiently and stay on task. Great for kids of all ages!

### [My Video Schedule](#)

Kids can learn structure, time management, and motivation with this scheduling app. This app is made especially for kids with special needs.

### [TextMinder SMS](#)

You can use your own ringtones and images with this

customizable app for multiple timers, stopwatches, and alarm. This app is a great way to set reminders and keep you on track.

## Video Games

### [TinkerBox](#)

Have fun solving puzzles by planning out what objects to place where. This game is great for young kids 8 and up looking to practice their planning skills.

### [Logic Traces](#)

Use your planning skills to place a set amount of line segments to work your way through this puzzle based game. This is a game sure to get you thinking ahead and managing your resources wisely. Great for kids 8 and up.

### [Splashy Dots](#)

This easy to pick up game is a great way to start thinking ahead, players need to connect dots using several different colored paints. Sounds easy but the more levels you complete the harder the puzzles get! Great for kids of all ages.

### [Jungle Heat](#)

In this classic tower defense game, you must fortify your fort by strategically placing units around your base to fend off ever-growing waves of attackers. This game requires you to manage your in game money so you're always one step ahead of the enemy. Kids 6 years or older will absolutely love this game

### [Jelly Splash](#)

Jelly Splash is a simple, yet captivating puzzle game that offers more than 100 levels of brain-teasing fun. This game is great for kids 5 and up.