Websites for Parents About Planning



Our team of neuropsychologists, school psychologists, and psychology students at South County Child and Family Consultants is committed to searching the Internet and beyond to find reputable websites to help parents, children, and teens improve their planning skills. We look for the best information online to help kids diagnosed with ADHD, Learning Disabilities, Executive Functioning Difficulties, struggles with Social Emotional Learning (SEL) skills, Autism, Depression, and Anxiety and provide you with information about how neuropsychological evaluations help in targeting concerns about planning. Check out the links below.

<u>LearningWorks For Kids</u>

The premier resources for executive function information, offering a detailed explanation of planning, tips for parents, and activities to improve this skill. You can also subscribe to learning works for kids to get a custom learning plan.

<u>CogniFit Planning Tips</u>

This holds the key to noticing symptoms, diagnosing, and assessing an individual with deficits in planning. This website can also make a custom training plan to help better

your planning skills.

<u>Healthy Children</u>

This website is backed by 67,000 pediatricians who are working to help kids obtain optimal physical, mental and social health. On this website, you can find many different articles and resources that can help your child advance their planning skills.

Edutopia

This website looks at how teachers use project-based learning to help teach kids many important skills such as planning. In addition, you can browse their massive collection of articles that address common problems in kids lives such as planning.

Education.com

This site holds many easy to do activities for children that reinforce, learning, planning, and execution. Great for kids in Pre-k through 5th grade.