How do games improve slow processing speed in children?

Many board and video games require fast processing of information and quick reaction times. The same could be said of sports. Playing sports often requires efficient analysis of situations and then quick decisions. Given that we know a certain amount of practice can improve slow processing speed, there is reason to believe that different types of games could be useful in improving the speed of processing in children. While the gains may not be staggering, we think this might be significant in helping children improve their slow processing speed.

To learn more about slow processing speed in children, consider a full neuropsychological evaluation to assess this issue. Neuropsychological evaluations are the best way to examine slow visual, auditory, and written language processing-speed concerns. It is crucial to clarify the specific concerns with slow processing speed in children. Many kids are able to process certain types of information more efficiently than others. Clarifying this helps in developing a set of strategies to help a child.

Children with slow processing speed may benefit from playing a variety of games and sports. They may also be helped through engagement in our [LearningWorks LIVE](#) program, where gameplay and other activities are designed to improve slow processing speed in children.

Read the following articles to learn more

about how games and activities can improve slow processing speed:

[Can Tabletop Games Improve Processing Speed?](#) Learn about the best family games that require speed of processing and are fun. Sure to engage you and your kids.

[Games and Activities That Improve Processing Speed?](#) Simple activities such as word searches can help with visual speed. Learn about other common games and activities to improve processing speed.

[Can Exercise Improve Processing Speed?](#) Run faster, think faster. While it's not quite so easy, there is a relationship between exercise and processing speed.