

Websites for Parents on Task Initiation

Learning about task initiation is incredibly beneficial for parents. The resources we have included provide tips and activities that can be used to help you improve your child's task initiation skills.



Our team of neuropsychologists, school psychologists, and psychology students at South County Child and Family Consultants are committed to searching the Internet and beyond to find reputable, informative, and practical tools to help parents, children, and teens improve their task initiation skills. We look for the best information online to help kids diagnosed with ADHD, Learning Disabilities, Executive Functioning Difficulties, struggles with Social Emotional Learning (SEL) skills, Autism, Depression, and Anxiety and provide you with information about how neuropsychological evaluations can help target concerns regarding task initiation. Come back regularly, as the links are updated frequently.

[LearningWorks For Kids](#)

The premier resource for information regarding executive functioning skills. Learning Works for Kids offers a detailed explanation of task initiation and activities that can be used to improve it.

[CollegeBoard](#)

A compilation of tips that can help build and maintain your child's positive study habits.

[Family Education](#)

The author of this article provides descriptions of the different types of procrastination commonly seen in children. They also include strategies that can be used with your child.

[GreatSchools](#)

This article addresses four simple, yet key components when helping a child learn how to manage their procrastination tendencies.

[Organized Home](#)

This article explains the concept of a family launch pad, which seeks to assist family members in getting their days started on the right foot.