

# Four Helpful Books to Read if Your Child is Struggling in School



Many students struggle to fit the expectations of the Education system. This may leave them feeling alone in their struggle to do well in school. However, they are not alone. Not every child is able to exhibit their true strengths and knowledge on a day to day basis in school. Many students struggle, whether it be with organization skills, attention issues, learning issues, or more.

Our team of neuropsychologists, school psychologists, and psychology students at South County Child and Family Consultants are committed to searching the Internet and beyond to find reputable, informative, and practical tools to help children and teenagers succeed in school. We look for the best information online to help kids diagnosed with ADHD, Learning Disabilities, Executive Functioning Difficulties, struggles with Social Emotional Learning (SEL) skills, Autism, Depression, and Anxiety and provide you with information about how neuropsychological evaluations help in targeting concerns about school success. Come back regularly, as the links are updated frequently.

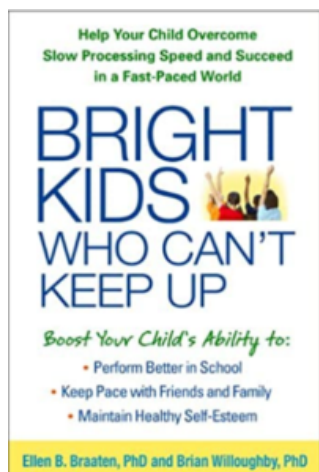
The four books below will give you, as a parent or educator,

great insight into how to work with children to provide them the best chance to succeed. Though many of these books may be more aimed at educators, reading these books as a parent can help to better understand a child's learning style and difficulties and will make it easier to talk to educators about the support your child may need.



## [The Brave Learner: Finding Everyday Magic in Homeschool, Learning, and Life](#) By Julie Bogart

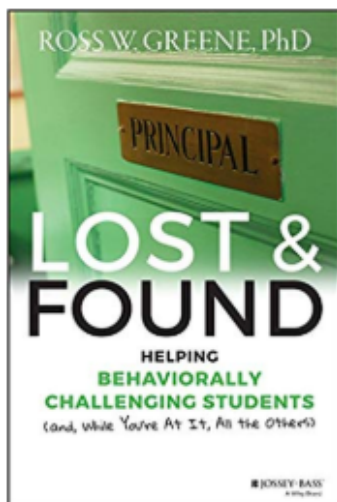
**Amazon Review:** “A masterpiece. This is the deepest, most meaningful book on parenting I have ever read. If you want to raise your child to be a happy learner, whether via homeschooling or conventional schooling, read this book.”  
—Barbara Oakley, author of Learning How to Learn and A Mind for Numbers



## [Bright Kids Who Can't Keep Up](#) By Ellen Braaten & Brian Willoughby

**Amazon Review:** “If you picture child development as a

marathon, life for kids with processing speed issues is more like a steeplechase, with barriers and obstacles that have enormous implications for learning and social and emotional development. This book offers parents an extraordinary gift of knowledge and wisdom to aid in recognizing, understanding, and addressing the challenges of slow processing speed. Drs. Braaten and Willoughby help you accommodate your child's needs and promote essential skills so he or she can thrive."—Jerrold F. Rosenbaum, MD, Chief of Psychiatry, Massachusetts General Hospital; Stanley Cobb Professor of Psychiatry, Harvard Medical School

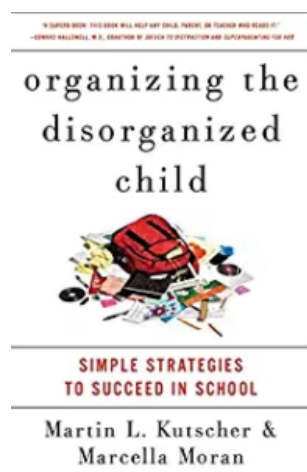


## Lost and Found: Helping Behaviorally Challenging Students (and, While You're at It, All the Others)

**By Ross W. Greene**

**Amazon Review:** “For anyone who has had the pleasure of hearing Ross Greene talk about how to work with young people – and who has wished that you could bottle him – here, finally, is the bottle! He shares in clear prose how to open the doors to the communication and collaboration that give rise to real growth and understanding. His approach is so reasonable, so empathic, and so effective that having this guide is a true

gift. With no jargon to overcome, and an approach grounded in the common ingredients of effective counseling, Dr. Greene offers readers a clear and good-natured map with examples of problems everyone who knows and works with children will recognize.” – LAURA ROGERS, EdD, Co-Director, School Psychology Program, Department of Education, Tufts University



## **Organizing the Disorganized Child: Simple Strategies to Succeed in School**

**By Martin L. Kutscher and Marcella Moran**

**Amazon Review:** “An easy-to-read book full of practical information, written with humor and sensitivity. The authors understand children and the organizational problems that challenge many families. Every child, even those who perform well, will benefit from the organization strategies recommended in this comprehensive book.” – Betty B. Osman, Ph.D. Author of No One to Play With: Social Problems of LD and ADHD Children