

5 Highly Informative Pinterest Boards About Executive Functioning Skills By Parents

One of the best ways to improve your child's executive functioning skills is to learn what other parents are doing. Parents who have found successful strategies to target executive functioning skills



often want to show what they have learned to others; and what better way to share with other parents than on Pinterest! What makes Pinterest so useful is that parents are not typically sharing the latest research. Instead, they are describing their own experiences and often can help you identify tools, classes, and strategies that can help your child improve skills such as organization, time management, planning, flexibility, working memory, and focus.

Our teams at South County Child and Family Consultants and lw4k.com are always on the lookout for the newest information to help kids with ADHD, Learning Disabilities, Autism, Anxiety, Depression, and Executive Functioning difficulties. Pinterest boards on executive functions are one of the more useful tools that we have found. In our offices, we provide comprehensive neuropsychological evaluations of children, teens, and college students. But beyond the confines of the office, we are well informed of the latest research and technologies that can help kids with social-emotional, attention, and learning problems. Check out our other posts to learn more about the latest innovations to help these kids.

Here are 5 highly informative Pinterest Boards about executive functioning skills from parents:

- [“ADHD/Executive Functioning/Working Memory”](#) by Rhonda Martin Masengale

A mom of children with executive functioning difficulties by the name of Rhonda Martin Masengale created this board to help share the resources she has found that help her and her children. Rhonda has children with autism, ADHD, and dyslexia and this board has helped her to understand her children’s difficulties, and how to help and guide them to succeed.

- [“Executive function”](#) by Michelle Coleman

This board was created by another mom, Michelle Coleman, and it consists of many different fun games and strategies for parents to help their children of all ages with their executive functioning difficulties, especially working memory.

- [“Executive functioning activities”](#) by Cara Timberlake Traux

Cara Timberlake Truax, a mother with a child with ADHD, has created this board to share workbooks, strategies, and ways that other parents can use that may be in the same position that she is.

- [“Parenting- Executive Functioning or ADHD”](#) by Jessica B

Jessica B is a mom that is homeschooling her children that has used this board as a compilation of coaching strategies for parents to help aid their children, along with understanding their child’s brain and how it works.

- [“Autism/executive function”](#) by Ashley Loepf

Ashley Loepp created this board to learn more about the combination of autism and executive functioning difficulties to learn more about her child and pinned strategies that have helped her and her child.