

5 Incredibly Helpful Pinterest Boards About ADHD For Parents



Pinterest is a highly popular social media app for parents and there are tons of resources for parents with children diagnosed with ADHD. Information, tips, and tricks from professionals, parents, and even people with ADHD are all over Pinterest and available for parents to see and use. Whether you are looking to find out more about your child's ADHD, looking for outside resources to help them, or looking for activities for your children to help them cope with their ADHD, Pinterest has it all. Pinterest is also a creative outlet, so often the ADHD boards on there for parents are creative, fun, and exciting! There is tons of ADHD information out there on the internet, so having a few Pinterest boards you can add directly to your feed and see every time you scroll is incredibly helpful!

Our teams at South County Child and Family Consultants and lw4k.com are always on the lookout for the newest information to help kids with ADHD, Learning Disabilities, Autism, Anxiety, Depression, and Executive Functioning difficulties. Pinterest boards on ADHD in children are one of the more useful tools that we have found. In our offices, we provide comprehensive neuropsychological evaluations of children,

teens, and college students. But beyond the confines of the office, we are well informed of the latest research and technologies that can help kids with social-emotional, attention, and learning problems. Check out our other posts to learn more about the latest innovations to help these kids.

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- [“Parenting ADHD Kids”](#) by Start Here Parents

This Pinterest board is full of informational resources, tips, tricks, and strategies that help parents to help their children with ADHD. [Start Here Parenting](#) is all about providing families with resources they can use to help when there are learning differences or attention difficulties and they share this knowledge on their Pinterest board. This is an incredible resource!

- [“Parenting ADHD Children”](#) by ADDitude Magazine

[ADDitude Magazine](#) is a leading resource for families with ADHD and learning disabilities. They have created this Pinterest board for parents with articles from their magazine catered to parents with ADHD. This board is filled with information about ADHD, tips on how to help children cope with their struggles, and how to aid in their growth.

- [“ADHD and Executive Functions”](#) by LearningWorks4Kids

This board is by [LearningWorks4Kids](#), which is an organization that uses popular video games (Minecraft, Fortnite, Roblox) to teach kids how to improve their executive functioning skills. This board is filled with information on video games and how they can help your children with ADHD and their executive functioning struggles, along with typical ADHD parenting advice.

- [“ADHD Tips for Parents”](#) by Fuzzymama

This board was created by [Fuzzymama](#), who describes their goal

as to “help parents of ADHD kids find simple, natural strategies that allow the whole family to thrive.” This Pinterest board is filled with accounts of other parents talking about their experiences with parenting ADHD children and what worked for them!

- [“Parenting ADHD Children”](#) by Raising an Extraordinary Person

[Raising an Extraordinary Person](#) is a socio-emotional resource for parents, and their Pinterest board is just that. This board provides unique activities that can inspire parents, like how to create a calming corner, or specific articles, like ADHD & Sleep. If you are looking for unique and specific ADHD tips and advice, this is the board for you!