

# Books for Professionals, Parents, and Kids to Find Strategies to Improve Executive Functions

*(This is a comprehensive list of books about executive functions, learning, technology, and brain training. Many of them are primarily for professionals, those that are more for parents and non-professionals have an \* next to them.)*



## Executive Functions

\*Goldberg, Elkhonon, Ph.D. *The Executive Brain: Frontal Lobes and the Civilized Mind*. Oxford University Press. New York, 2001.

Richard, Gail J. and Jill K. Fahy. *The Source for Development of Executive Functions*. LinguSystems, Inc. East Moline, Illinois, 2005.

Zelazo, Philip David et al. *the Development of Executive Function in Early Childhood*. Monographs of the Society for Research in Child Development. Serial No. 274, Vol. 68, No. 3, 2003.

## Digital Technologies and Learning

\*Gee, James Paul. *What Video Games Have to Teach Us About Learning and Literacy*. Palgrave Macmillan, 2004.

Jenkins, Henry. *Convergence Culture*. NYU Press, 2006.

\*Johnson, Steven. *Everything Bad Is Good for You*. Riverhead Hardcover, 2005.

\*Prensky, Marc. *Don't Bother Me Mom – – I'm Learning!*. Paragon House Publishers, 2006.

Shaffer, David Williamson. *How Computer Games Help Children Learn*. Palgrave Macmillan, 2006.

## Alternative Learners

\*Armstrong, Thomas. *In Their Own Way: Discovering and Encouraging Your Child's Multiple Intelligences*. New York, New York: Tarcher Books, 2000.

\*Attwood, Tony. *Asperger's Syndrome: A Guide for Parents and Professionals*. London: Jessica Kingsley.

Barkley, Russell A., Ph.D. *Attention-Deficit Hyperactivity Disorder: A Handbook for Diagnosis and Treatment*. Third edition. The Guilford Press. New York, 2006.

\*Bellis, Teri J. *When the Brain Can't Hear: Unraveling the Mystery of Auditory Processing Disorder*. New York, New York: Atria Books, 2002.

Brown, Thomas E., Ph.D. *Attention Deficit Disorder: The Unfocused Mind in Children and Adults*. Yale University Press. New Haven, 2005.

Gardner, Howard. *Multiple Intelligences: New Horizons*. New

York, New York: Perseus Books, 2006.

Ingersoll, Barbara D. and Sam Goldstein. *Lonely, Sad, and Angry*. Plantation, Florida: Specialty Press, Incl, 2001.

\*Ingersoll, Barbara. *Daredevils and Daydreamers*. New York, New York: Broadway Books, 2003.

Kranowitz, Carol S. *the Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder*. Revised edition. New York, New York: Perigree Books, 2006.

Levine, Mel. *A Mind at a Time*. New York, New York: Simon & Schuster, 2002.

\*Marsh, Tracy L. *Children with Tourette Syndrome: A Parents' Guide*. Rockville, Maryland: Woodbine House, 2007.

Shaywitz, Sally. *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level*. New York, New York: Borzoi Books, 2003.

Silver, Larry. *The Misunderstood Child: Understanding and Coping with Your Child's Learning Disabilities*. Fourth edition. New York, New York: Three Rivers Press, 2006.

\*Tanguay, Pamela. *Nonverbal Learning Disabilities at Home: A Parent's Guide*. London: Jessica Kingsley Publishers, 2001.

## **Parenting and Executive Functions**

\*Bloomquist, Michael L. *Skills Training for Children with Behavior Problems. Revised Edition: A Parent and Practitioner Guidebook*. New York, New York: The Guilford Press, 2005.

Elias, Maurice J., Steven E. Tobias, and Brian S. Friedlander. *Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child*. New York,

New York: Three Rivers Press, 2000.

\*Gottman, John and Joan DeClaire. *Raising an Emotionally Intelligent Child*. New York, New York: Simon & Schuster, 1998.

\*Shapiro, Lawrence E. *How to Raise a Child with a High EQ: A Parents' Guide to Emotional Intelligence*. New York, New York: Harper Collins, Inc., 1998.

\*Zentall, Sydney and Sam Goldstein. *Seven Steps to Homework Success: A Family Guide to Solving Common Homework problems*. Plantation, Florida: Specialty Press, 1998.

## **Executive Functions and Education**

Dawson, Peg and Richard Guare. *Executive Skills in Children and Adolescents: A practical Guide to Assessment and Intervention*. The Guilford Press. New York, 2004.

Meltzer, Lynn, ed. *Executive Function in Education: From Theory to Practice*. The Guildford Press. New York, 2007.

## **Kids' Books to Help Executive Functioning** ***(These books are written for kids to read)***

Armstrong, Thomas. *You're Smarter Than You Think: A Kid's Guide to Multiple Intelligences*. Minneapolis, Maryland: Free Spirit, 2002.

Fox, Janet S. and Pamela Espeland. *Get Organized without Losing It*. Minneapolis, Minnesota: Free Spirit, 2006.

Huebner, Dawn. *What to Do When You Worry Too Much: A Kid's Guide to Overcoming Anxiety*. Washington, D.C.: Magination

press, 2005.

Nadeau, Kathleen G. and Ellen B. Dixon. *Learning to Slow Down & Pay Attention: A Book for Kids about ADHD*. Washington, D.C.: Magination Press, 2004.

Parker, Harvey C. *Problem Solver Guide for Students with ADHD*. North Branch, MN: Specialty Press, 2001.

Quinn, Patricia O., ed. *50 Activities and Games for Kids with ADHD*. Washington, D.C.: Magination Press, 2000.

Robb, Diane B. *The Alphabet War: A Story about Dyslexia*. Morton Grove, Illinois: Albert Whitman & Company, 2004.

Stern, Judith M. and Uzi Ben-Ami. *Many Ways to Learn: Young People's Guide to Learning Disabilities*. Washington, D.C.: Magination press, 1996.

## **Brain Challenges, Mazes, and Other fun Books for Executive Functions (These are puzzles and problem solving books for kids and adults)**

Dispezio, Michael A. *Critical Thinking Puzzles*. New York, New York: Sterling, 1996. *Ages 9 and up*.

Gardner, Martin. *Perplexing Puzzles and Tantalizing Teasers*. Mineola, New York: Dover Publications, 1988.

Kawashima, Ryuta. *Train Your Brain. 60 Days to a Better Brain*. Ryuta Kawashima/Kumon Publishing Co., 2005.

Kumon. *My First Book of Mazes*. Kumon Publishing Co., 2004. *Ages 3-6*.

O'Hare, Jeffrey A. *The Best of Puzzlemania Mazes*. Boyds Mills

Press, 2001. *Ages 5 and up.*

Risby, Bonnie. *Logic Countdown. Grades 3-4.* Dandy Lion Publications, 1987. *Ages 8 and up.*

Schwartz, Linda. *Following Directions. Grades 5-6.* Creative Teaching Press, 2004. *Ages 10 and up.*

Sloane, Paul. *Lateral Thinking Puzzles.* New York, New York: Sterling, 1992. *Ages 9 and up.*

Weber, Ken. *More Five-Minute Mysteries.* Philadelphia, PA: running press, 2005.

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