

Content Index

There are many ways to search for materials. Scroll down for alphabetical listings by **keyword**, **category**, **title** or **date**, and/or use the search box above.

Alphabetical By Keyword

A

- [academic](#) (1)
- [academic performance](#) (1)
- [academics](#) (2)
- [academic skills](#) (1)
- [accommodations](#) (3)
- [activities](#) (1)
- [activities](#) (2)
- [activity. children](#) (1)
- [adaptive skills](#) (1)
- [addiction](#) (1)
- [ADHD](#) (50)
- [adhd and diet](#) (1)
- [ADHD and exercise](#) (1)
- [ADHD and focus](#) (2)
- [ADHD diagnosis](#) (2)
- [ADHD diet and exercise](#) (1)
- [ADHD for adults](#) (1)
- [ADHD for college students](#) (2)
- [ADHD health](#) (1)
- [adhd help](#) (1)
- [adhd high school](#) (1)
- [ADHD homework strategies](#) (1)
- [adhd strategies](#) (1)
- [ADHD super powers](#) (1)
- [adhd teens in high school](#) (1)
- [ADHD tips for children](#) (1)
- [adolescents](#) (1)

- [Adult ADHD](#) (1)
- [adults](#) (27)
- [adults with ADHD](#) (1)
- [advice](#) (2)
- [and Obsessive Compulsive Disorders](#) (1)
- [anger managment](#) (1)
- [anixety](#) (1)
- [anxiety](#) (24)
- [anxiety in children](#) (2)
- [anxiety in family](#) (1)
- [anxiety resources](#) (3)
- [anxious children](#) (2)
- [anxious family](#) (1)
- [anxious students](#) (1)
- [appointment](#) (3)
- [apps](#) (5)
- [apps for anxiety](#) (2)
- [articles](#) (28)
- [articles about anxiety](#) (1)
- [articles for parents](#) (3)
- [articles for parents about anxiety](#) (1)
- [articles on anxiety](#) (1)
- [ASD](#) (2)
- [assessment](#) (5)
- [attention](#) (22)
- [Attention-Deficit/Hyperactivity Disorder](#) (7)
- [Attention Deficit](#) (1)
- [attention problems](#) (3)
- [audiobooks](#) (1)
- [audiobooks for parents](#) (1)
- [auditory](#) (1)
- [Autis](#) (1)
- [autism](#) (3)
- [Autism Spectrum Disorders](#) (7)
- [average scores](#) (2)
- [axiety](#) (1)

B

- [BASC-2](#) (1)
- [behavior](#) (3)
- [behavioral challenges](#) (1)
- [behavioral issues](#) (1)
- [Behavioral Observations](#) (1)
- [behavioral\](#) (1)
- [behavior management](#) (1)
- [Behavior Problems](#) (3)
- [behavior rating](#) (1)
- [behaviors](#) (1)
- [benefits of video games](#) (1)
- [bipolar disorder](#) (1)
- [body](#) (1)
- [book lists](#) (1)
- [books](#) (9)
- [books and workbooks](#) (1)
- [books for children](#) (2)
- [books for kids](#) (1)
- [books for parents](#) (1)
- [books for teenagers](#) (1)
- [books for teens](#) (1)
- [books for teens on anxiety](#) (1)
- [books for young adults](#) (1)
- [books on depression](#) (1)
- [books on parenting](#) (1)
- [books on parenting teenagers](#) (1)
- [brain](#) (4)
- [brain hacks](#) (2)
- [brain training](#) (3)
- [BRIEF](#) (1)
- [Brown ADD](#) (1)

C

- [career](#) (1)

- [challenging behavior](#) (1)
- [child](#) (1)
- [childhood anxiety](#) (1)
- [childhood anxiety](#) (1)
- [childhoold anxiety](#) (1)
- [children](#) (56)
- [children's books](#) (1)
- [children struggling](#) (1)
- [children with ADHD](#) (3)
- [child struggles](#) (1)
- [christmas](#) (1)
- [classroom](#) (1)
- [clerical motor speed](#) (1)
- [clinical](#) (1)
- [cognition](#) (1)
- [cognitive flexibility](#) (4)
- [cognitive organization](#) (1)
- [college](#) (3)
- [college adhd](#) (1)
- [college students](#) (3)
- [college students with ADHD](#) (1)
- [communication](#) (1)
- [completing tasks](#) (1)
- [computational skills](#) (1)
- [concentration](#) (34)
- [confidence interval](#) (1)
- [consultation](#) (3)
- [contact](#) (1)
- [cool](#) (1)
- [core reading skills](#) (1)
- [counseling](#) (2)
- [creativity](#) (1)

D

- [decision making](#) (2)
- [depression](#) (3)

- [DHD](#) (1)
- [diagnosis](#) (1)
- [diet](#) (1)
- [Diet and ADHD](#) (1)
- [Diet and ADHD symptoms](#) (1)
- [Diet and Exercise](#) (1)
- [difficulty performing tasks](#) (1)
- [Digital Play](#) (1)
- [disabilities](#) (1)
- [dyslexia testing](#) (1)
- [Disorders](#) (1)
- [distractibility](#) (1)
- [distributed practice](#) (1)
- [divorce](#) (1)
- [doctor](#) (1)
- [doctors](#) (1)
- [downloads](#) (1)
- [dyscalculia](#) (2)
- [dysfunction](#) (1)
- [dysgraphia](#) (2)
- [dyslexia](#) (5)
- [dysthymia](#) (1)

E

- [e-book](#) (1)
- [e-books](#) (2)
- [e-learning modules](#) (1)
- [education](#) (19)
- [educational assessment](#) (1)
- [educational games](#) (12)
- [educational tests](#) (1)
- [educators](#) (1)
- [elaborative interrogation](#) (1)
- [emotions](#) (2)
- [evaluating strategies](#) (1)
- [evaluations](#) (1)

- [exams](#) (1)
- [executive functioning](#) (1)
- [executive](#) (3)
- [executive function](#) (3)
- [executive functioning](#) (34)
- [executive functioning skills](#) (2)
- [executive functions](#) (42)
- [exercise](#) (8)
- [exercuse](#) (1)
- [expressive language](#) (1)

F

- [facebook](#) (4)
- [Facebook group](#) (1)
- [factsheets](#) (1)
- [family problems](#) (1)
- [family stress](#) (1)
- [fatigue](#) (1)
- [fine motor movements](#) (1)
- [Fitness and ADHD](#) (1)
- [flexibility](#) (6)
- [fluid reasoning](#) (1)
- [fluid reasoning index](#) (1)
- [focus](#) (6)
- [focusing](#) (28)
- [focusing difficulties](#) (1)
- [food and ADHD](#) (2)
- [Food and ADHD symptoms](#) (1)
- [For Doctors](#) (1)
- [for kids](#) (1)
- [forming thoughts](#) (1)
- [formulating strategies](#) (1)
- [for parents](#) (1)
- [free resources](#) (1)
- [FRI](#) (1)
- [fun](#) (2)

- [functions](#) (3)

G

- [game genres](#) (1)
- [games](#) (24)
- [gaming](#) (1)
- [generalization](#) (1)
- [Generalized Anxiety Disorder](#) (1)
- [general knowledge](#) (1)
- [growth mindset](#) (12)
- [guidelines](#) (1)

H

- [hadnout](#) (1)
- [handout](#) (6)
- [handouts](#) (2)
- [handwriting](#) (1)
- [headaches](#) (1)
- [health](#) (1)
- [healthy eating](#) (1)
- [healthy foods for a healthy mind](#) (1)
- [help](#) (11)
- [helpful strategies](#) (1)
- [helpful video games](#) (2)
- [help students](#) (1)
- [high school](#) (2)
- [holidays](#) (1)
- [homework](#) (3)
- [how to](#) (1)

I

- [improve](#) (1)
- [impulsive](#) (1)
- [impulsivity](#) (1)

- [inattention](#) (2)
- [independence](#) (1)
- [Inhibition](#) (1)
- [intake forms](#) (1)
- [intelligence](#) (2)
- [Intelligences](#) (3)
- [intelligence tests](#) (1)
- [interesting](#) (1)
- [internet](#) (3)
- [interpersonal](#) (1)
- [interpret](#) (1)
- [intrapersonal](#) (1)
- [irritability](#) (1)

J

- [jobs](#) (1)

K

- [keeping track of time](#) (1)
- [kids](#) (48)
- [kids reading](#) (2)
- [kids with anxiety](#) (1)
- [kids with self esteem issues](#) (1)
- [kinesthetic](#) (2)

L

- [learnign](#) (1)
- [learning](#) (35)
- [learning. relationships](#) (1)
- [learning disabilities](#) (11)
- [Learning Disability](#) (1)
- [learning disorders](#) (1)
- [learning hacks](#) (1)
- [learning process](#) (1)

- [learning strategies](#) (1)
- [learning style](#) (1)
- [learning works](#) (2)
- [LearningWorks for kids](#) (2)
- [letter sounds](#) (1)
- [library](#) (1)
- [logic](#) (1)
- [logical](#) (1)
- [logical reasioning](#) (1)
- [logical reasoning](#) (1)
- [long term](#) (1)
- [long term memory](#) (6)
- [loss](#) (1)
- [LW4K](#) (18)

M

- [maintain information](#) (1)
- [make ADHD an asset](#) (1)
- [making decisions](#) (1)
- [Management](#) (1)
- [managing feelings](#) (1)
- [math](#) (5)
- [math achievement](#) (1)
- [math computation](#) (1)
- [math concepts](#) (1)
- [mathematical](#) (1)
- [math fluency](#) (1)
- [math skills](#) (2)
- [media](#) (1)
- [mediation](#) (2)
- [Medication](#) (1)
- [medications](#) (1)
- [meditation](#) (3)
- [memory](#) (16)
- [mental control](#) (1)
- [Mental Disorders](#) (1)

- [mental health](#) (3)
- [metacognition](#) (3)
- [mindfulness](#) (8)
- [minecraft](#) (6)
- [mistakes](#) (1)
- [mood disorders](#) (1)
- [motivation](#) (2)
- [Multiple Intelligences](#) (3)
- [multitasking](#) (1)
- [muscle control](#) (1)
- [muscle dexterity](#) (1)
- [muscle strength](#) (1)
- [musical](#) (1)

N

- [naturalistic](#) (1)
- [nervous](#) (1)
- [neuro-psychological testing](#) (1)
- [neurodivergence](#) (3)
- [neuropsychological evaluation](#) (5)
- [neuropsychological evaluations](#) (3)
- [neuropsychological report](#) (1)
- [neuropsychological testing](#) (4)
- [new innovations](#) (1)
- [new math](#) (1)
- [nutrition](#) (1)

O

- [online](#) (3)
- [online resources](#) (1)
- [organization](#) (16)
- [organizational skills](#) (2)
- [organize](#) (1)
- [organizing](#) (3)
- [overwhelmed](#) (1)

P

- [Panic Disorders](#) (1)
- [Parent](#) (3)
- [parenting](#) (15)
- [parenting tips](#) (4)
- [parent of ADHD](#) (1)
- [parents](#) (55)
- [parents helping children](#) (1)
- [parents of teens with adhd](#) (1)
- [parents with anxious children](#) (1)
- [patient forms](#) (1)
- [pattern](#) (1)
- [pattern recognition](#) (1)
- [patterns](#) (1)
- [pediatric](#) (2)
- [pediatrican](#) (1)
- [pediatrician page](#) (2)
- [pediatricians](#) (1)
- [pediatric resource page](#) (1)
- [pediatric resources](#) (1)
- [percentiles](#) (1)
- [perseverance](#) (1)
- [persistence](#) (3)
- [Phobia's](#) (1)
- [phonemes](#) (1)
- [phonics](#) (1)
- [phonological awareness](#) (2)
- [physical](#) (1)
- [physical health](#) (1)
- [pinterest](#) (5)
- [planning](#) (16)
- [planning skills](#) (1)
- [Podcast](#) (2)
- [podcasts](#) (4)
- [poor attention](#) (1)
- [poor handwriting](#) (1)

- [positive technology](#) (1)
- [presentation](#) (1)
- [preteens](#) (1)
- [problem solving](#) (7)
- [proccessing speed](#) (1)
- [process information quickly](#) (1)
- [processing](#) (1)
- [processing speed](#) (13)
- [process speed](#) (2)
- [procrastination](#) (1)
- [professional](#) (1)
- [professionals](#) (2)
- [psychological evaluation](#) (2)
- [psychological health](#) (1)
- [psychological testing](#) (1)
- [psychologist](#) (1)
- [psychosocial development](#) (1)
- [puzzles](#) (1)

Q

- [questionnaire](#) (3)
- [Quit](#) (1)

R

- [raising teenagers](#) (1)
- [reading](#) (3)
- [reading comprehension](#) (1)
- [reading disabilities](#) (1)
- [reading evaluations](#) (1)
- [reading fluency](#) (1)
- [reading skills](#) (2)
- [reading testing](#) (1)
- [reasoning](#) (1)
- [reasoning skills](#) (2)
- [recalling information](#) (1)

- [receptive language](#) (1)
- [receptive vocabulary](#) (1)
- [regulation of affect](#) (1)
- [relaxation](#) (4)
- [reliability](#) (1)
- [reshape](#) (1)
- [resource library](#) (1)
- [resources](#) (56)
- [resources for anxiety](#) (3)
- [resources for kids](#) (1)
- [resources for kids on anxiety](#) (1)
- [resources for parents](#) (6)
- [resources for teens](#) (1)
- [Response inhibition](#) (2)
- [results](#) (1)
- [rhode island](#) (1)

S

- [scaled scores](#) (1)
- [scale score](#) (1)
- [schema](#) (1)
- [schol](#) (1)
- [school](#) (16)
- [school concerns](#) (1)
- [school hacks](#) (1)
- [school help](#) (1)
- [school success](#) (1)
- [scool](#) (1)
- [score](#) (1)
- [Scores](#) (1)
- [screens](#) (1)
- [screen time](#) (7)
- [screen use](#) (1)
- [self-acceptance](#) (1)
- [self-awareness](#) (4)
- [self-care](#) (1)

- [self-esteem](#) (4)
- [self-monitoring](#) (1)
- [self-regulation](#) (1)
- [Self-worth](#) (1)
- [self control](#) (3)
- [Self love](#) (1)
- [separation](#) (1)
- [services](#) (1)
- [share materials](#) (1)
- [short-term visual memory](#) (1)
- [short term verbal memory](#) (2)
- [sitemap](#) (1)
- [skills](#) (25)
- [skills from ADHD](#) (1)
- [slow processing speed](#) (5)
- [slow teenagers](#) (1)
- [social](#) (2)
- [social-emotional learning](#) (2)
- [Social Anxiety Disorder](#) (1)
- [social awareness](#) (1)
- [social gestures](#) (1)
- [social interactions](#) (1)
- [social media](#) (2)
- [social thinking](#) (2)
- [south county child and family](#) (1)
- [spatial](#) (1)
- [spelling](#) (1)
- [standard scores](#) (2)
- [Staying active](#) (1)
- [staying physical](#) (1)
- [stomachaches](#) (1)
- [storing information](#) (1)
- [strategies](#) (2)
- [strategies for parents](#) (1)
- [strengths](#) (2)
- [stress](#) (3)
- [stress management](#) (1)

- [stress relief](#) (1)
- [struggles](#) (1)
- [struggling](#) (2)
- [struggling in school](#) (1)
- [struggling teens](#) (1)
- [student](#) (3)
- [Students](#) (1)
- [study](#) (3)
- [study hacks](#) (1)
- [study skills](#) (3)
- [suggestions for parents](#) (1)
- [superpowers](#) (1)
- [support groups](#) (1)
- [sustained focus](#) (1)

T

- [t-scores](#) (2)
- [talking strategies](#) (1)
- [talking to your child](#) (1)
- [talking to your child about ADHD](#) (1)
- [task initiation](#) (2)
- [Task Persistence](#) (1)
- [teachers](#) (3)
- [Teaching](#) (1)
- [technology](#) (3)
- [teen](#) (1)
- [teenage](#) (1)
- [teenager](#) (2)
- [teenagers](#) (3)
- [teenagers and processing speed](#) (1)
- [teenager screen use](#) (1)
- [teenage screen time](#) (1)
- [teens](#) (26)
- [teens. stress](#) (1)
- [teens with adhd](#) (1)
- [tension](#) (1)

- [test](#) (1)
- [testing](#) (1)
- [test report](#) (1)
- [tests](#) (2)
- [test scores](#) (4)
- [test taking](#) (1)
- [test time](#) (1)
- [test time](#) (1)
- [therapy](#) (1)
- [thinking](#) (2)
- [Time](#) (3)
- [time management](#) (13)
- [tip](#) (1)
- [tips](#) (37)
- [tips for adults](#) (1)
- [tips for anxiety](#) (1)
- [tips for childhood anxiety](#) (1)
- [tips for college students](#) (1)
- [tips for parents](#) (32)
- [Tips for teenagers](#) (1)
- [tips on ADHD](#) (1)
- [tips to help children cope with their anxiety](#) (1)
- [to do list](#) (1)
- [tools and tips for ADHD](#) (1)
- [training](#) (1)
- [tricks](#) (1)
- [tweens](#) (2)

U

- [understand](#) (1)
- [understanding](#) (1)
- [useful tips](#) (2)

V

- [validity](#) (1)

- [verbal](#) (1)
- [verbal comprehension](#) (3)
- [verbal comprehension index](#) (3)
- [verbal information](#) (1)
- [verbal working memory](#) (4)
- [video](#) (3)
- [Video Game](#) (1)
- [videogame](#) (1)
- [video games](#) (15)
- [videos](#) (22)
- [videos for college students](#) (1)
- [videos for kids](#) (2)
- [videos for parents](#) (2)
- [videos for teens](#) (1)
- [Videos games](#) (1)
- [videos on anxiety](#) (1)
- [videos on anxiety for kids](#) (1)
- [videos on anxiety for paretns](#) (1)
- [videos on slow processing speed](#) (2)
- [videos on slow processing speed for teens and college students](#) (1)
- [visual](#) (2)
- [visual discrimination](#) (1)
- [visual information](#) (1)
- [Visual learning](#) (1)
- [visual motor coordination](#) (1)
- [visual scanning](#) (1)
- [visual spatial memory](#) (3)
- [visual spatial processing](#) (1)
- [visual spatial reasoning](#) (1)
- [visual spatial working memory](#) (1)
- [vocabulary](#) (2)

W

- [weaknesses](#) (2)
- [website map](#) (1)

- [websites](#) (27)
- [websites on anxiety](#) (1)
- [wellness](#) (1)
- [WISC](#) (2)
- [WISC-5](#) (1)
- [WISC-V](#) (2)
- [WISC processing speed](#) (1)
- [WISC scores](#) (1)
- [workbook](#) (1)
- [workbook for teens](#) (1)
- [workbook on screen usage](#) (1)
- [workbooks for teens](#) (1)
- [workbooks for teens on anxiety](#) (1)
- [workbooks on anxiety](#) (1)
- [Working Memory](#) (12)
- [work out](#) (1)
- [worksheets for anxiety](#) (1)
- [worry](#) (3)
- [worry and anxiety about school](#) (1)
- [writing](#) (4)
- [writing fluency](#) (1)
- [written expression](#) (1)
- [written organization](#) (1)

Y

- [yoga](#) (7)
- [YouTube](#) (4)

5

- [504 plans](#) (1)

A

- [ADHD](#) (38)
- [anxiety](#) (14)
- [Attention Deficit Disorders - ADHD](#) (47)
- [Autism Spectrum Disorders](#) (10)

B

- [Behavioral Disorders](#) (13)

C

- [Clinical Concerns](#) (8)
- [Cogmed Memory Training](#) (7)

D

- [Depression](#) (4)
- [Digital Play Therapy](#) (23)
- [Digital Technologies](#) (21)
- [Divorce](#) (2)
- [Downloads](#) (3)
- [Dyslexia](#) (7)

E

- [Executive Functions](#) (92)

F

- [Family Stressors](#) (7)

G

- [Game Based Learning](#) (44)

H

- [Home-Page-Slider](#) (7)

I

- [Interesting](#) (105)

M

- [Minecraft](#) (6)
- [Mood Disorders](#) (8)

N

- [News & Articles from South County Child & Family Consultants](#) (208)

P

- [Patient Forms](#) (3)
- [Planning](#) (18)
- [Processing Speed](#) (24)
- [Psychological Evaluations](#) (26)
- [Psychological Health](#) (75)

R

- [Reading](#) (69)

S

- [School & Learning Concerns](#) (108)
- [Sensory Integration Dysfunction](#) (3)

T

- [Therapy](#) (4)

- [Tips For Parents](#) (176)
- [Topics](#) (11)

V

- [Video Games](#) (43)
 - [Videos](#) (11)
-

Website Pages By Title

A

- [About](#)
- [ADHD - Attention Deficit Hyperactivity Disorder/Executive Functioning Evaluations](#)
- [ADHD: Alternative Treatments](#)
- [ADHD: Alternative Views](#)
- [ADHD: Combined](#)
- [ADHD: Hyperactive](#)
- [ADHD: Inattentive](#)
- [ADHD: Issues in School](#)
- [Anxiety](#)
- [Asperger's Disorder](#)
- [Attention Deficit/Hyperactivity Disorder, Other Specified and Unspecified Types](#)
- [Attention Deficit Disorder and ADHD](#)
- [Autism](#)
- [Autism Spectrum Disorders](#)

B

- [Bibliographies / Booklists](#)
- [Books for Professionals, Parents, and Kids to Find Strategies to Improve Executive Functions](#)

C

- [Clinical Concerns](#)
- [Clinical Psychological Evaluations](#)
- [Cogmed Memory Training](#)
- [College-Age Disabilities](#)
- [Communicating with Your Children about Digital Technologies](#)
- [Contact Us](#)
- [Content Index](#)
- [Counseling](#)
- [Customer Satisfaction Survey](#)

D

- [Death and Dying](#)
- [Depression](#)
- [Developmental Evaluations](#)
- [Digital Play Therapy](#)
- [Digital Technologies](#)
- [Digital Technologies and Academic Skills](#)
- [Digital Technologies and Executive Functions](#)
- [Directions](#)
- [Divorce](#)
- [Dr. Randy Kulman](#)
- [Dyscalculia](#)
- [Dysgraphia](#)
- [Dyslexia](#)

E

- [Eating Disorders](#)
- [Educational Technology Training and LearningWorks for Kids](#)
- [Educational Testing](#)
- [Executive Functioning Technology Assessments](#)
- [Executive Functions](#)

- [Executive Functions Bibliography for Professionals and Teachers](#)
- [Executive Functions Consultation](#)

F

- [Factsheets & Patient Handouts by Topic](#)
- [Family Stressors](#)
- [Forms for Your First Visit](#)
- [Free Downloads](#)

G

- [Guidelines for Healthy Lifestyles for Learning and Mental Health](#)

H

- [Homework Problems](#)
- [How to use these materials](#)

I

- [Improve Flexibility](#)
- [Improve Goal-Directed Persistence](#)
- [Improve Metacognition](#)
- [Improve Organization](#)
- [Improve Planning](#)
- [Improve Regulation of Affect](#)
- [Improve Response Inhibition](#)
- [Improve Social Thinking](#)
- [Improve Sustained Attention](#)
- [Improve Task Initiation](#)
- [Improve Time Management](#)
- [Improve Working Memory](#)
- [Intellectual Evaluations](#)

L

- [Latest from SCCFC](#)
- [LearningWorks for Kids and the Development of the Executive Skills Questionnaire: Parent Version](#)

M

- [Meet Our Team](#)
- [Model Test Report](#)
- [Model Test Report](#)
- [Motor Skill Disorders](#)

N

- [Neuropsychological Evaluations](#)
- [Nonverbal Learning Disorder](#)
- [Nutrition](#)

O

- [Other Health Concerns](#)

P

- [Pediatrician Resources](#)
- [Pervasive Developmental Disorder](#)
- [Play Diet](#)
- [Processing Speed](#)
- [Psychological Evaluations](#)
- [Psychological Health](#)

Q

- [Quiz Page](#)

R

- [Relaxation & Stress Management Techniques](#)
- [Resources](#)
- [Resources for Clinicians and Educators](#)
- [Resources for Pediatricians](#)
- [Resources for Teens and Tweens - Executive Functions](#)

S

- [SCCFC Online Executive Skills Questionnaire \(Children 5-8\)](#)
- [SCCFC Online Executive Skills Questionnaire \(Children 9+\)](#)
- [SCCFC Online Executive Skills Questionnaire \(Children Under 5\)](#)
- [School / Learning Concerns](#)
- [Sensory Integration Disorder](#)
- [Services](#)
- [Speech and Language Disorders](#)
- [Study Skills for Teens & Young Adults](#)

T

- [Test Descriptions](#)
- [The Benefits of Exercise](#)
- [Tourette's Syndrome](#)

W

- [Website Map](#)
- [What are Adaptive Skills?](#)
- [What do Confidence Intervals Mean on a Test Report?](#)
- [What does an "Average" Test Score Mean?](#)
- [What Does the Fluid-reasoning Index Measure?](#)
- [What Does the Processing-Speed Index Measure?](#)
- [What does the Reliability and Validity of Test Scores](#)

Mean?

- [What Does the Verbal Comprehension Index Measure?](#)
 - [What Does the Visual Spatial Processing Index Measure?](#)
 - [What Does the Working-Memory Index Measure?](#)
 - [What do Percentile Mean in a Test Report?](#)
 - [What do Scale Scores Mean in a Test Report?](#)
 - [What do Standard Scores Mean on Test Reports?](#)
 - [What do T-Scores Mean on Test Reports?](#)
 - [What is a Psychological Assessment?](#)
 - [What Makes Your Child Special Questionnaire](#)
 - [Why Parents and Therapists Need to Know about Video Games and Digital Technologies](#)
 - [WIAT III](#)
 - [WPPSI-IV](#)
-

Blog Posts By Title

A

- [Additional Resources for Kids on Meditation and Mindfulness](#)
- [ADHD In The Classroom](#)
- [ADHD Resources for Parents](#)
- [ADHD Websites for Kids and Teens](#)
- [Adults Social Thinking Websites](#)
- [Apps and Articles to Teach Your Child to Keep Track of Time](#)
- [Articles for building organization skills](#)
- [Articles for Long Term Memory](#)
- [A Student's Guide to Slow Processing Speed: Insightful Videos for Teens and Young Adults](#)
- [Attention, Concentration, and Inhibition Skills](#)
- [Audiobooks for Parenting on Screen Time](#)
- [Audiobooks for Parents on Processing Speed](#)
- [Audio Books on Parenting Children with ADHD](#)

B

- [Best ADHD Websites for Parents](#)
- [Best Videos to Learn about Growth Mindset](#)
- [Best Websites for Parents to Learn About Growth Mindset](#)
- [Books for Children and Teens with ADHD](#)
- [Books For Kids With Autism](#)
- [Building Confidence in Kids: Top Book Picks for Children Struggling With Self-Esteem](#)

C

- [Can Parents Do Anything to Improve Slow Processing Speed in Children?](#)
- [Can You Teach a Child to Keep Track of Time?](#)
- [Classroom Strategies for Students with Slow Processing Speed](#)

D

- [Does Video Game Play Make Your Brain Bigger?](#)
- [Does your child love video games, but not do well in school?](#)
- [Dr. Kulman's New Book: The Gaming Overload Workbook](#)

E

- [Early Signs and Symptoms of Dyslexia and Reading Disabilities](#)
- [E books available for download](#)
- [Experts in digital technologies helping children with special needs](#)

F

- [Five Articles to Help Parents Understand Their Child's Anxiety](#)

- [Five Essential Tips for Explaining ADHD to Your Child](#)
- [Five Focus Strategies for Children and Teens with ADHD](#)
- [Five Strategies for Talking to Your Child About ADHD](#)
- [Five Tips to Teach Children How to Keep Track of Time](#)
- [Five Tips to Teach Children How to Keep Track of Time](#)
- [Four Books for Maturing Individuals Battling Depression](#)
- [Four Books for Parents and Teachers Working With Children Who Exhibit Problem Behavior](#)
- [Four Books for Your Teenager to Read if They Struggle With Anxiety](#)
- [Four Books to Help Children Cope with a Changing Family Dynamic](#)
- [Four Great Audiobooks on How to Parent Teenagers](#)
- [Four Helpful Books to Read if Your Child is Struggling in School](#)
- [Four Ways To Help A Child Who Doesn't Learn From Mistakes](#)
- [Four Ways To Help a Child Who Doesn't Learn From Mistakes](#)
- [From Screen Time to Family Time: Why Gaming with Your Kids is a Good Move](#)

G

- [Getting Your Kids To Read: A Tip for Parents](#)
- [Great Articles on Diet and Exercise for Kids With ADHD](#)
- [Great Books to Read With Your Child if They Struggle With Anxiety](#)
- [Growing Up With Technology: Navigating the Digital Landscape at School and at Home](#)
- [Growth Mindset Resources for Kids and Teens](#)
- [Growth Mindset Resources for Parents](#)

H

- [Harnessing the Power of Games and Technology for Kids with ADHD](#)

- [Helpful Homework Strategies For Kids With ADHD](#)
- [Helping Kids That Struggle with Long Term Memory – Resources for Parents](#)
- [Help Your Teenager Understand Slow Processing Speed](#)
- [How Does Diet Affect Kids With ADHD?](#)
- [How Does Processing Speed Impact Academics?](#)
- [How do games improve slow processing speed in children?](#)
- [How Do I Find the Best Video Games For Children to Play?](#)
- [How do you Find the Best Video Games for your Child to Play?](#)
- [How Playing Video Games with Your Children Can Help Them Develop Their Organization Skills](#)
- [How Technology helps Struggling Readers](#)
- [How to Explain Slow Processing Speed to Kids](#)
- [How to Help a Teen Improve Executive Functions](#)
- [How to Learn More About Your Child's Screen Time Use: Participate in the Aura study](#)
- [How To Teach Your Kids Not To Quit](#)
- [How To Teach Your Kids Not To Quit- 6 Tips To Encourage Persistence](#)
- [How to Understand a Neuropsychological Report](#)
- [How Video Games Can Help Children With ADHD Get A Job](#)

I

- [Identify challenges and improve school performance](#)
- [Impact of Training and Medication on Working Memory in Children with Attention-Deficit/Hyperactivity Disorder](#)
- [Improve Executive Functions through Video Game Play](#)
- [Improving Executive Functions: Developing Time Management Skills](#)
- [Improving Executive Functions: Flexibility](#)
- [Improving Executive Functions: The Importance of Flexibility](#)
- [Innovative approaches & resources for educators](#)
- [Is Gaming Good for the Mind?](#)

L

- [LW4K Live Skills Workshop](#)

M

- [Math Resources For Parents](#)
- [Math Videos to Help Kids Succeed](#)
- [Math Websites For Parents](#)

N

- [Navigating Childhood Anxiety: A Parent's Directory to Online Resources](#)
- [Navigating the Teen Years with ADHD: Essential Reads and Resources](#)
- [New and Exciting Innovations to Help Kids with ADHD](#)

O

- [Online Help to Improve Your Child's Organization](#)
- [Organizational Skills](#)

P

- [Parenting Resources for Executive Function Support: Addressing ADHD and Beyond](#)
- [Planning Skills in Kids](#)
- [Processing Speed Resources for Kids and Parents](#)
- [Psychological evaluations and testing](#)

Q

- [Quick and Easy Flexibility Tips](#)
- [Quick and Easy Memory Tips](#)
- [Quick and Easy Planning Tips](#)
- [Quick and Easy Processing Speed Tips](#)

- [Quick and Easy Tips to Control Anger and Frustration](#)
- [Quick and Easy Tips to Control Stress](#)
- [Quick and Easy Tips to Stay Focused](#)

R

- [Reading Their Way Through ADHD: Top 5 Books for Kids on Navigating Attention Differences](#)
- [Recommended Physical Activity to Improve Academic Skills and Executive Functioning](#)
- [Remaining Active During COVID-19 as a Teenager and Young Adult with ADHD](#)
- [Resource on Parenting Skills](#)
- [Resources for Autism Spectrum Disorders \(ASD\) For Parents](#)
- [Resources for Children- Autism Spectrum Disorders](#)
- [Resources for Initiating Tasks for Kids](#)
- [Resources for Kids and Teens on Cognitive Flexibility](#)
- [Resources for Kids and Teens on Goal-Directed Perseverance](#)
- [Resources for Kids and Teens on Writing](#)
- [Resources for Kids for Academic and Study Skills](#)
- [Resources for Kids for Executive Functions](#)
- [Resources for Kids for Help With Math](#)
- [Resources for Kids for Long Term Memory](#)
- [Resources for Kids on Brain Training](#)
- [Resources for Kids on Building Self-Esteem](#)
- [Resources for Kids on Multiple Intelligences](#)
- [Resources for Kids on Time Management](#)
- [Resources for Kids with Learning Disabilities](#)
- [Resources for Math Help For Kids And Teens](#)
- [Resources for Mindfulness, Meditation, Relaxation, and Yoga For Kids and Teens](#)
- [Resources for Mindfulness, Meditation, Relaxation, and Yoga For Parents of Stressed-out Kids](#)
- [Resources for Parenting Children with ADHD](#)
- [Resources for Parents and Kids about Meditation and](#)

Mindfulness

- [Resources For Parents and Teachers on Learning Disabilities](#)
- [Resources For Parents for Academic and Study Skills](#)
- [Resources For Parents for Academic and Study Skills](#)
- [Resources for Parents for Executive Functions](#)
- [Resources for Parents for Task Initiation](#)
- [Resources for Parents for Time Management](#)
- [Resources for Parents on Anxiety](#)
- [Resources for Parents on Anxiety](#)
- [Resources for Parents on Brain Training](#)
- [Resources for Parents on Impulsivity and Response Inhibition](#)
- [Resources for Parents on Learning Disabilities](#)
- [Resources for Parents on Minecraft](#)
- [Resources for Parents on Minecraft](#)
- [Resources for Parents on Social Thinking](#)
- [Resources for Parents on Writing](#)
- [Resources for Teen Mental Health](#)
- [Resources on Anxiety for Kids](#)
- [Resources on Anxiety for Parents](#)
- [Resources on Behavioral Disorders](#)
- [Resources on Cognitive Flexibility For Parents](#)
- [Resources on Exercise, Learning, and Mental Health For Kids and Teens](#)
- [Resources on Exercise for Kids and Teens](#)
- [Resources on Exercise for Parents](#)
- [Resources on Goal-Directed Persistence for Parents](#)
- [Resources on Healthy Eating](#)
- [Resources on Organization for Parents](#)
- [Resources on Planning for Kids](#)
- [Resources on Planning for Parents](#)
- [Resources on Processing Speed for Parents](#)

S

- [Screen Time Guidelines to hang on Your Refrigerator](#)

- [Serving the families of South County, Rhode Island for over 25 years](#)
- [Seven Books to Help Children Better Develop Their Self Esteem](#)
- [Should I have my child evaluated for ADHD?](#)
- [Should Your Kids Play Serious Games?](#)
- [Should You Set Limits on Your Child's Screen Time?](#)
- [Six Great Books for Adults and College Students With ADHD](#)
- [Six Reasons Kids Should Play Fantasy Football](#)
- [Slow Processing Speed in the Classroom](#)
- [Social Thinking for Kids](#)
- [Social Thinking Videos](#)
- [Specialized Executive Functioning, Technology Evaluations](#)
- [Study Skills and Brain Hacks for Teens & College Students](#)
- [Study Skills for Teens and Young Adults](#)

T

- [The 5 Best Pinterest Boards for Parenting Children With Anxiety](#)
- [The Antidote to Stress in School: Improving Executive Functions](#)
- [The Best ADHD Videos](#)
- [The Best Homework Websites for Kids and Teens](#)
- [The Best Videos on Meditation, Mindfulness, Relaxation, and Yoga for Parents of Stressed-out Kids](#)
- [The Best Websites on Mindfulness, Meditation, Relaxation, and Yoga For Parents of Stressed-out Kids](#)
- [The Importance of Behavioral Observations in a Neuropsychological Evaluation](#)
- [Three Great Assets That Individuals With ADHD Possess](#)
- [Three Helpful Tips for Talking to your Teenager About ADHD](#)
- [Top Ten Methods of Meditation for Children and Adults](#)

- [Top Three Benefits of Video Games This Holiday Season](#)
- [Training and Medication on Working Memory in Children with ADHD](#)
- [Trusted Techniques for Children Struggling with Order and Focus](#)
- [TV and Kids: Know the Benefits and Concerns](#)

U

- [Understanding ADHD and Executive Functioning Skills](#)
- [Understanding the Latest Research on ADHD & Video Games](#)
- [Understanding the WISC-V Fluid Reasoning Index: A method to understanding your child's problem-solving difficulties.](#)
- [Understanding the WISC-V Processing Speed Index: A Method to Understanding Your Child's Information Processing and Task Completion Difficulties.](#)
- [Understanding the WISC-V Verbal Comprehension Index: A method to understanding your child's struggles with verbal expression.](#)
- [Understanding the WISC-V Working Memory Index: A Method to Understanding Your Child's Attention and Processing Difficulties](#)

V

- [Videos about Autism Spectrum Disorders](#)
- [Videos about Math](#)
- [Videos for Adults On Children's Self-Esteem](#)
- [Videos for Parents and Teachers on Study Skills](#)
- [Videos for Parents and Teachers on Study Skills](#)
- [Videos for Parents for Brain Training](#)
- [Videos for Parents for Executive Functions](#)
- [Videos for Parents for Healthy Eating](#)
- [Videos for Parents for Task Initiation](#)
- [Videos for Parents on Time Management](#)
- [Videos for Processing Speed](#)

- [Videos for Teens and College Students About Slow Processing Speed](#)
- [Videos on Anxiety](#)
- [Videos on Anxiety](#)
- [Videos on Anxiety for Parents and Kids](#)
- [Videos on Brain Training](#)
- [Videos on Cognitive Flexibility for Parents and Kids](#)
- [Videos on Exercise](#)
- [Videos on Exercise, Learning, and Mental Health for Adults](#)
- [Videos on Goal-Directed Persistence](#)
- [Videos on Healthy Eating](#)
- [Videos on Learning Disabilities](#)
- [Videos on Meditation and Mindfulness for Parents and Kids](#)
- [Videos on Minecraft](#)
- [Videos on Minecraft](#)
- [Videos on Multiple Intelligences](#)
- [Videos on Planning for Parents and Kids](#)
- [Videos on Video Games and Learning](#)
- [Videos on Writing for Parents and Kids](#)
- [Videos to Teach Parents and Kids about ADHD](#)

W

- [Websites and Resources for Kids on Anxiety](#)
- [Websites and Resources for Kids on Anxiety](#)
- [Websites and Resources for Kids on Minecraft](#)
- [Websites and Resources for Kids on Video Games and Learning](#)
- [Websites and Resources for Kids on Video Games and Learning](#)
- [Websites for Adults Multiple Intelligences](#)
- [Websites for Adults on Children's Self Esteem](#)
- [Websites For Math Help For Kids And Teens](#)
- [Websites for Parents About Planning](#)
- [Websites for Parents for Healthy Eating](#)

- [Websites for Parents on Academic and Study Skills](#)
- [Websites for Parents on Anxiety](#)
- [Websites for Parents on Anxiety](#)
- [Websites for Parents on Autism Spectrum Disorders](#)
- [Websites for Parents on Cognitive Flexibility](#)
- [Websites for Parents on Executive Functions](#)
- [Websites for Parents on Goal-Directed Persistence](#)
- [Websites for Parents on Learning Disabilities](#)
- [Websites for Parents on Minecraft](#)
- [Websites for Parents on Processing Speed](#)
- [Websites for Parents on Task Initiation](#)
- [Websites for Parents on Time Management](#)
- [Websites for Parents on Video Games and Learning](#)
- [Websites on Anxiety for Parents](#)
- [Websites on Brain Training for Parents](#)
- [Websites on Exercise, Learning, and Mental Health For Adults](#)
- [Websites on Exercise for Parents](#)
- [Websites on Organization for Parents](#)
- [What are Core Mathematics Skills?](#)
- [What are Core Reading Skills?](#)
- [What Are Core Writing Skills?](#)
- [What are Expressive Language Skills?](#)
- [What are Fine Motor Skills?](#)
- [What are Metacognition Skills?](#)
- [What Are Phonological-Awareness Skills?](#)
- [What are Receptive Language Skills?](#)
- [What are Social Awareness and Social Thinking Skills?](#)
- [What are Time Management Skills?](#)
- [What are Time Management Skills?](#)
- [What are Visual Motor and Visual Perceptual Skills?](#)
- [What Does The Verbal Comprehension Index Measure?](#)
- [What is Anxiety in Children?](#)
- [What Is Causing My Child's Slow Processing Speed?](#)
- [What is Cognitive Flexibility?](#)
- [What is Depression in Children?](#)
- [What is LearningWorks for Kids?](#)

- [What is Regulation Of Affect?](#)
- [What is Response Inhibition?](#)
- [What is Sustained Attention?](#)
- [What is Task Initiation?](#)
- [What is Task Persistence in Children?](#)
- [What is the Definition of Long Term Memory?](#)
- [What is Verbal Memory and Short Term Memory?](#)
- [What is Verbal Working Memory?](#)
- [What is Visual Memory?](#)
- [What is Visual Spatial Working Memory?](#)
- [What Makes Your Child Special?](#)
- [Why Parents Should Play Video Games with their Kids](#)
- [Why Typing May Be the Most Important Skill Your Child Can Learn for School Success and for Improving Writing Skills](#)
- [Working Memory Resources for Parents](#)
- [Working Memory Videos](#)
- [Working Memory Websites for Parents](#)

1

- [10 Audiobooks and Podcasts for Parenting Screen Time](#)

3

- [3rd Annual Executive Function Conference](#)

4

- [4 Comforting and Helpful Facebook Groups for Parents with Children with ADHD](#)
- [4 Extremely Helpful Podcast Episodes About Executive Functions For Parents](#)
- [4 Interesting Videos for Parents About Improving Children's Executive Functioning Skills By Professionals](#)
- [4 Thoroughly Informative Podcasts About Executive Functioning For Parents](#)

5

- [5 Extremely Informative Podcasts For Parents of Children With ADHD](#)
- [5 Highly Informative Pinterest Boards About Executive Functioning Skills By Parents](#)
- [5 Highly Informative Pinterest Boards About Executive Functioning Skills By Professionals](#)
- [5 Incredibly Helpful Pinterest Boards About ADHD For Parents](#)
- [5 Interactive and Informative Facebook Groups About Executive Functions for Parents](#)
- [5 Most Informational and Professional Videos on Parenting Children With Anxiety](#)
- [5 Must-Have Books to Help Your Kids Master Time Management](#)
- [5 Tips For Improving Efficiency Through Better Time Management](#)
- [5 Tips For Improving Efficiency Through Better Time Management](#)
- [5 Tips on How Parents Can Help Their Child Cope with Anxiety](#)
- [5 YouTube Videos on Understanding Your Child's ADHD](#)

6

- [6 Comforting and Informational Videos for Teens About Their ADHD](#)

Most Recent



Understanding the WISC-V Processing Speed Index: A Method to Understanding Your Child's Information Processing and Task Completion Difficulties.

Posted: April 14, 2025

If your child struggles with completing tasks quickly, working efficiently, or understanding simple visual information, this may indicate a



Understanding the WISC-V Working Memory Index: A Method to Understanding Your Child's Attention and Processing Difficulties

Posted: April 7, 2025

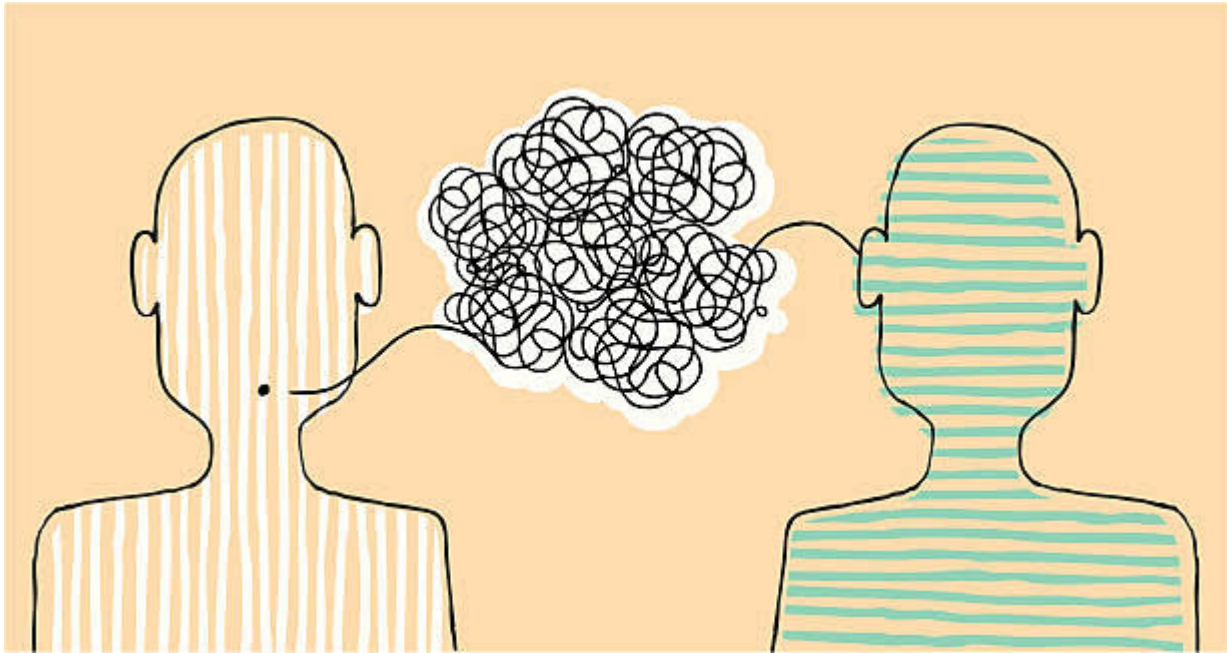
Does your child seem to struggle with following multi-step instructions, remembering information, or staying focused on tasks? Do they



Understanding the WISC-V Fluid Reasoning Index: A method to understanding your child's problem-solving difficulties.

Posted: March 31, 2025

Does your child seem to struggle with new puzzles, difficult concepts, or noticing patterns? Do they seem to struggle



Understanding the WISC-V Verbal Comprehension Index: A method to understanding your child's struggles with verbal expression.

Posted: March 24, 2025

Does your child struggle with problem-solving or verbal expression? Or do they have difficulty recalling what they have learned?



[How to Learn More About Your Child's Screen Time Use: Participate in the Aura study](#)

Posted: January 31, 2025

How to Learn More About Your Child's Screen Time Use
Participate in the Aura study

Parents in the twenty-first



Understanding ADHD and Executive Functioning Skills

Posted: January 7, 2025

Many leading experts in the field of ADHD propose that the current diagnostic classifications—which include ADHD Predominantly Inattentive, ADHD Predominantly



Harnessing the Power of Games and Technology for Kids with ADHD

Posted: December 10, 2024

Attention Deficit Hyperactivity Disorder (ADHD) is a developmental disorder characterized by persistent patterns of inattention, hyperactivity, and impulsivity. It can



Five Essential Tips for Explaining ADHD to Your Child

Posted: September 3, 2024

Olivia's parents recently took her to a doctor of neuropsychology, who diagnosed her with Attention-Deficit/Hyperactivity Disorder (ADHD). Olivia has been