

Behavior Management

Borba, Michele. (2004). *Don't Give Me That Attitude! 24 Rude, Selfish, Insensitive Things Kids Do and How to Stop Them*. San Francisco, CA: Jossey-Bass. *An effective, practical, and hands-on approach to help parents help their children improve their bad attitude.*

Borba, Michele. (2003). *No More Misbehavin': 38 Difficult Behaviors and How to Stop Them*. San Francisco, CA: Jossey-Bass. *Identifies specific behavioral problems (e.g., anger, bullying, hitting) and provides coping strategies for parents.*

Clark, Lynn. (2005). *SOS: Help for Parents*. 3rd ed. Berkeley, CA: Parents' Press. *Fun, well-written book with behavioral management strategies.*

Forehand, Rex and Nicholas Long. (2002). *Parenting the Strong-Willed Child, Revised and Updated Edition: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds*. New York, NY: Contemporary Books. *A clearly-defined program for working with strong-willed children. Best used in conjunction with a therapist.*

Greene, Ross W. (2005). *The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children*. New York, NY: HarperCollins, Inc. *Helps guide parents of a child with explosive behaviors.*

Kurcinka, Mary S. (2001). *Kids, Parents, and Power Struggles: Winning for a Lifetime*. New York, NY: HarperCollins, Inc. *Advice to parents regarding the use of their own emotions and experience in setting limits for children. Well-written, with specific coaching tips at the end of each chapter.*

Nelsen, Jane, Lynn Lott, and H. S. Glenn. (2007). *Positive Discipline A-Z*. 2nd ed. New York, NY: Three Rivers Press. *Optimistic approach to disciplining children.*

Phelan, Thomas W. (2003). *1-2-3 Magic: Effective Discipline for Children 2-12*. Glen Ellyn, IL: Parentmagic, Inc. *Contains systems developed to help parents discipline their children.*

Shiller, Virginia M., Meg F. Schneider, and Bonnie Matthews. (2003). *Rewards for Kids! Ready-to-Use Charts & Activities for Positive Parenting*. Washington, D.C.: Magination Press. *Uses child-friendly methods such as sticker chart to alter bad behaviors.*