

Registration fee includes a binder of materials, lunch, and free parking.

3rd Annual Executive Function Conference Friday, October 25, 8:30am-2:30pm Hilton Garden Inn, Burlington, MA Registration: \$225

Executive Function through Elementary, Middle, and High School: Framing Homework and Project-based Learning



Lynn Meltzer, Ph.D., Keynote Speaker President and Director of the Institutes for Learning and Development



Donna Kincaid, M.Ed., Conference Chair Assistant Director, Director of Outreach and Training, Institutes for Learning and Development



Christopher Willard, PSY.D., Guest Presenter Lecturer in Psychiatry, Harvard Medical School and author

This conference will support parents' understanding of:

- How teaching key executive function strategies of goal-setting, planning, prioritizing, time management, selfmonitoring and self-checking are critical for independent and successful learners
 - How teaching key executive function How EF weaknesses impact homework and project completion
 - How explicit executive function instruction and mindfulness can reduce stress
 - Strategies to optimize student success in completing homework and projects

For more information and to register:

https://www.researchild.org/events/3rd-annual-executive-function-conference-for-parents



Research Institute for Learning and Development 4 Militia Drive Suite 20 Lexington, MA 02421 781-861-3711 www.researchild.org, www.smarts-ef.org, www.ildlex.org



| LEARNING & DEVELOPMENT | 3rd Annual ResearchILD Executive Function Conference October 25, 2019 |
|------------------------|--|
| | Executive Function through Elementary, Middle, and High School: Framing Homework and Project-Based Learning |
| 8:00-8:30 | Registration/Coffee |
| 8:30-8:45 | Welcome and Conference Overview |
| 8:45-9:45 | Ignite Success and Reduce Stress: EF Strategies that Work! Lynn Meltzer, Ph.D. Part 1 |
| 9:45-10:00 | Break |
| 10:00-11:15 | Parent Break-out Session 1: Effective Communication between Home and School Wendy Stacey, M.S. |
| 11:25-12:15 | Making Mindfulness Stick for Students with Executive Function Challenges Chris Willard, Psy.D. |
| 12:15-12:45 | Lunch |
| 12:45- 1:00 | A Successful Journey: Young Professionals Share Stories about their Learning Differences |
| 1:00-1:15 | Mimi Ballard CAN-DO Award presented to Rajneet Bajnath, Director of Special Services, Robbinsville School District, Robbinsville, New Jersey |
| 1:15-2:15 | Parent Break-out Session 2: <u>Less Stress: Strategies for Organization and Time Management</u> Wendy Stacey, M.S. |
| 2:15-2:30 | Q&A/ Wrap-Up |



Thank you to our sponsorship partner for supporting this event.