

## Quick and Easy Planning Tips

Use Technology!!

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Observe friends making plans

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Don't stress over small details

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Don't take on more than you can handle

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Practice, Practice, Practice

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Help adult's make a plan

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Utilize multiple resources for planning

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Focus on the main goal of the plan

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# PLANNING TIPS

## For Elementary School Children



## Planning Tips for Elementary School Children

Struggling to make plans for the present or future and following step by step activities can be difficult for many students. Working on taking things one step at a time can often be helpful but not always resolve planning difficulties and teach essential planning skills. As you get older these skills will become much more relevant in daily life.

Here are some tips on becoming an effective planner:



### Ask for help!

Many of the people around you can help you learn to plan better!

Ask your friends, families, or teachers.

Ask them to help you plan to achieve a special goal!



### Help someone else plan!

Helping others is a good way to learn!

Help a friend or parent plan something such as a project or a trip.

Remember what you help them do and practice those things when you are planning!

### Learn to save.

Saving your money is a great way to learn how to plan!

Pick something special you really want to buy and find out how much it costs.

Plan a schedule to save your money so you can buy that item!

### Consider a major issue and how you would plan to solve it!

Trying to plan a big project can help you learn to plan a little one!

Try to plan a solution to global warming or hunger.

While you might not actually follow this plan, it could help you plan little projects!

### Make a master calendar.

Get a calendar to write down all your activities and keep it in a public place in the house.

Write down everything you have to do for school or other activities!

Have your parents help you by having them keep their own calendar, too!

### Understand how others plan.

Learn about how your favorite movie or video game was created.

It probably took a lot of planning, so find out how the creators planned what needed to be done.

Try to plan your next project using what you learned!

### Watch how other people plan.

Find out if your friends, parents, or other relatives are good at planning.

If they are, ask them how they plan!

Watch them plan something such as a trip and use what you learned the next time you plan!